



Pre-Season Strength and Conditioning for Amity Girls Soccer & Field Hockey

June 20 – August 11, 2023 5:30 - 6:45 pm Tuesday – Thursday – Friday
@ Fred Wolfe Park - Hollow Road Orange
NO SESSION ON JULY 4th — Rain dates added as needed

Cost: \$225 (23 sessions)

Cash or Check payable to Jim Ronai's Competitive Edge

REGISTER IN ADVANCE BY June 9, 2023

cespeed.com info@cespeed.com Instagram: *ce_speed1* Questions? Call (203) 799-3343

Return waiver & payment to: Jim Ronai's Competitive Edge, 400 Boston Post Rd. Orange, CT 06477

Name _____ DOB _____ Age _____ Grade _____
Address _____ City _____ State _____ Zip _____

ATHLETE EMAIL: _____ ATHLETE PHONE: _____

PARENT EMAIL: _____ PARENT PHONE: _____

I hereby give my child permission to participate in "The Competitive Edge Strength/Conditioning Program" I also verify that my child is in good health and authorize the directors to act for me according to their best judgment in any emergency requiring medical attention. I also agree to hold harmless and indemnify Jim Ronai's Competitive Edge, LLC, its employees, servants, and/or agents and frees the employees, servants or agents of liability for any injuries, illness or other claims other than those arising from acts of negligence due to acts of omission or commission during the aforementioned program. Further, I hereby grant full permission for event organizers to record any or all of my participation in these events for photos, video pictures, T.V, radio, videotapes, and other media known and to use them no matter by whom taken in any manner for publicity, promotions, advertising trade or commercial purposes without any reimbursement of any kind due to me or the need to pay any fee.

Please list any medical conditions, injuries, allergies or illnesses that may affect participation:

Parent or Legal Guardian: PRINT NAME

SIGNATURE

DATE